

LUNCH MENU

October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3-Oct 1-Swedish Meatball Meal Gluten-Free Mac and Cheese (GF) Garden Salad (V) Vegetarian Meatball Meal (V)	4-Oct 1-Beef Chili and Cornbread Meal Vegetarian Chili and Cornbread Meal (V) Southwest Salad Meal (V) Southwest Chicken Salad Kung Pao Chicken Meal (GF)	5-Oct 1-Chicken Fried Rice Vegetable Fried Rice (V) Bagel and Cream Cheese Meal (V) Asian Salad (V) Asian Chicken Salad Chicken Curry Meal (GF)	6-Oct 1-Cheese Pizza Meal Gluten-Free Cheese Pizza Meal (GF/V) Chicken Caesar Salad Caesar Salad (V)	7-Oct <i>EDP Orders Only</i> 1-Turkey and Provolone Croissant Meal Bagel and Cream Cheese Meal (V) Cobb Salad (V) Turkey Cobb Salad
10-Oct 1-Chicken Tender Meal Gluten-Free Mac and Cheese (GF) Veggie Nugget Meal (V) Garden Salad (V)	11-Oct 1-Chicken Alfredo Meal Pasta Alfredo Meal (V) Southwest Salad Meal (V) Southwest Chicken Salad Kung Pao Chicken Meal (GF)	12-Oct 1-Cheese Pizza Meal Gluten-Free Cheese Pizza Meal (GF/V) Asian Salad (V) Asian Chicken Salad	13-Oct <i>EDP Orders Only</i> 1-Roast Beef and Cheddar Sandwich Meal Chicken Caesar Salad Caesar Salad (V) Bagel and Cream Cheese Meal (V)	14-Oct <i>NO SCHOOL</i>
17-Oct 1-Chicken Sandwich Meal Gluten-Free Mac and Cheese (GF) Garden Salad (V)	18-Oct 1-Mac and Cheese Meal (V) Southwest Salad Meal (V) Southwest Chicken Salad Kung Pao Chicken Meal (GF)	19-Oct 1-Teriyaki Chicken Meal Chicken Curry Meal (GF) Bagel and Cream Cheese Meal (V) Asian Salad (V) Asian Chicken Salad	20-Oct 1-Cheese Pizza Meal Gluten-Free Cheese Pizza Meal (GF/V) Chicken Caesar Salad Caesar Salad (V)	21-Oct <i>EDP Orders Only</i> 1-Ham and Cheese Croissant Meal Bagel and Cream Cheese Meal (V) Cobb Salad (V) Turkey Cobb Salad
24-Oct 1-Chicken Soup Meal Gluten-Free Mac and Cheese (GF) Garden Salad (V)	25-Oct 1-Spaghetti and Meatball Meal Spaghetti Marinara Meal (V) Kung Pao Chicken Meal (GF) Southwest Salad Meal (V) Southwest Chicken Salad	26-Oct 1-Shredded Beef Soft Taco Meal Bean and Cheese Soft Taco Meal (V) Chicken Curry Meal (GF) Bagel and Cream Cheese Meal (V) Asian Salad (V) Asian Chicken Salad	27-Oct 1-Cheese Pizza Meal (V) Gluten-Free Cheese Pizza Meal (GF/V) Chicken Caesar Salad Caesar Salad (V)	28-Oct <i>EDP Orders Only</i> 1-Grilled Cheese Meal (V) Bagel and Cream Cheese Meal (V) Cobb Salad (V) Turkey Cobb Salad
31-Oct 1-Chicken Nugget Meal Gluten-free Chicken Nugget Meal (GF) Veggie Nugget Meal (V) Garden Salad (V) Gluten-Free Mac and Cheese (GF)				

<p>Regular Meal - \$5.25 Vegetarian Meal (V) - \$5.25 Gluten Free Meal (GF) - \$6.95 Mini Meal of Option #1 - \$3.50 Salad Meal - \$5.25</p>	<p>ALL ORDERS MUST BE PLACED ONLINE! Lunches can be added, changed, or removed for credit up until 8p.m. the night before the meal. https://schoolsolutions.h1.hotlunchonline.net Add emergency meal day of meal - \$6.00 text 801-879-0551</p>
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