

**J.E. Cosgriff Memorial Catholic School**

7th/8th Grade Health

2017-2018

Mr. Brian McCloud

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**Course Description:**

In this course students will learn a variety of topics pertaining to and tailored to the overall health and wellness of a teenager. We will focus on the 6 core standards of the national health curriculum. Topics will be covered in chronological order and will include, but are not limited to, such areas as: **Nutrition and Fitness, Mental and Emotional Health, Substance Abuse, Overall Safety in the Home/School/Community, Health Promotion and Disease Prevention, and Human Development.**

**Textbook:**

**Teen Health: Course 2**

Glencoe-McGraw Hill

Please note: This textbook will be referred to and used periodically throughout the year, but will not be our primary resource.

**Grading:**

The grading scale will be as follows:

A	95% and above	C	75-78%
A-	92-94%	C-	71-74%
B+	89-91%	D+	69-70%
B	87-88%	D	67-68%
B-	83-86%	D-	65-66%
C+	79-82%	F	64% and below

\*Students can earn up to 10 points a day based on three categories:

**Participation:**

- Actively engaged in discussion, writing assignments
- Positively impacts and gives back to self, others, and community
- Consistently meets expectations of the health class

**Preparedness:**

- Brings required materials each day (See below)
- Has appropriate learning attitude
- Ask applicable questions pertaining to each unit

## **Classroom Expectations:**

Expectations in the classroom can be summed up with one word: respect. Students must respect themselves, other students, the teacher, and property. Mutual respect between all parties involved (both the teacher and the students) ensures that the classroom is a safe place to grow spiritually, academically, and socially. Certain sensitive topics may come up during this particular class, and my goal is to ensure complete emotional, social and physical safety for the students.

Additionally, it is expected students show up with these materials everyday:

- Textbook (will remain in 8th grade classroom, but may be checked out)
- Portfolio
- Notebook
- Pen & pencil

## **Discipline:**

Students will be given a verbal warning when they are out of compliance with school and/or classroom rules. After a warning, parents will be contacted and the appropriate disciplinary actions will be taken. A referral to Principal Hunt will be given if students continue to break school and/or classroom rules, or for a major offense.

## **Contact:**

The easiest way to reach me is by email. I will respond to all emails, but please allow a 24-hour window for me to respond. If parents and/or students would like to meet, please email me, and we can schedule a time. The last option is for parents to call the front office and leave a message for me. I will return all calls as soon as I can.